

CLUBHOUSE E-NEWS

The latest news and updates from Racine Friendship Clubhouse



Clubhouse 2021

by Linda Jacob

Welcome everyone to the new year of 2021. As always, we have great plans and ideas for the months to come. Of course, we have learned to be flexible, as 2020 has shown us. We believe we have made the best of our current situation and continue to evolve as the circumstances dictate. As usual, our Work-ordered Day takes priority, encouraging our members to actively participate in the day to day workings of the clubhouse.

Other Activities - Toward the end of December, we started a 6-week program called WRAP – Wellness Recovery Action Plan, where the same six members attend every Friday to develop their personalized action plan side by side with peers. This helpful program has been repeated many times over the years and has been proven to be practical in the progress of recovery and learning to cope with the specific situations that people living with a mental illness can encounter. The current class is being taught by Lynelle Saunders, our past Executive Director, and current Compassionate Peer Support Specialist.

Our members are excited to experience visits from the Racine Zoo on Tuesdays and Thursdays on the first week of every month. Representatives from the zoo will bring animals based on the topic of the month. In January, the topic is Desert Dwellers. In addition to the animals, they will bring activity packets to follow the theme.

Fundraising- Fundraising is a constant activity for all non-profit organizations. Along with a successful Online Auction in October, we send out year-end appeal letters, as most organizations normally do. As of the end of December, we have received over \$10,000. We don't take any of this for granted, as you are our supporters and enablers of our mission. Thank you for your continued support. You will be hearing more from us as the year progresses. As always, you can find us at our website at www.racineclubhouse.org, Facebook at www.facebook.com/racineclubhouse, and on Instagram at www.instagram.com/racinefriendshipclubhouse